

February 2008



Bushishin Budo Renmei Martial Arts **Assn.**

Shihan Harold Hicks, Director B.B.R.

From the desk of **Shihan Harold Hicks:**

I want you all to know that during the last six months a lot of wonderful and exciting things have been happening at the Academy of Martial Arts in Sumter. I want to thank all of you for your help, input, and dedication to improving our dojo. I look forward to seeing much growth within our school in 2008.

Again, I want to thank our Business Director, Sensei Tim, for keeping us updated and posted on the events involving the Academy. He is a great asset to our school and if you get a chance, let him know.

Two of our black belts, Chris Hatfield and Michael Marion, tested for their second-degree black belt on October 27, 2007. Both young men are excellent instructors and have continued to advance their training. During the two-hour test, these two went through a very intense and demanding panel review. The panel, which consisted of Shihan Ray Mohalick, Soke Darrell Collins, Sensei Linwood Gamble, Sensei Tim Martin, and Sensei Jamie Ayers, all agreed that Sensei Chris and Sensei Michael executed the required techniques beautifully. Congratulations to Michael and Chris. Bushishin Budo Renmei's newest Nidans (2nd degree black belts).

On October 20, 2007, Michael Marion and I took a trip to attend the 2nd annual reunion for martial art styles that originated under Dr. Church. The reunion was held in Cottageville, S.C. and was hosted by Soke Darrell Collins. Some of the instructors attending the event were Soke Ron Cherry, Soke Tony Annesi, and Soke Harold Martin. Each of these men demonstrated their unique teaching styles and techniques. It was amazing to see the things they teach. It was an informative and enjoyable afternoon of training and fellowship. If you missed it this year, start planning now to attend next year.

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Academy of Martial Arts, Sumter, S.C.

Shihan Harold Hicks and Shihan Ray Mohalick

Historical Spotlight:

The following edited historical facts are taken from an article about Shihan Larry Barnes written by Dr. Charles Roberts:

Shihan Barnes began his martial training in Kodokan Judo in 1956 earning the rank of Ikkyu. He was also privileged to study under the great Okinawan karate master Zenpo Shimabukaru (Seibukan Karate) from 1966 to 1968. He also trained in Mas Oyama's style of Kyokushinkai from 1969-70.

In the fall of 1970 Shihan Barnes met Shihan Ray Isgett at the Sumter dojo and the two became fast friends. Shihan Isgett introduced Larry Barnes to Soke Al Church and Barnes began to train directly under Soke Church's "tutelage and guidance" spending entire weekends in Charleston to train with him. In 1972 Dr. Church promoted Shihan Barnes to 4th Dan in the Nippon Kobudo Rengokai authorizing him to teach Shaolin- ji Tetsuken Ryu Karate Do; Kuniba Ha Seishin Kan Judo; Kanda Ha Jujitsu and Kanda Ha Seishin Kan Kobudo.

The Yamabushi Martial Arts Assn. was founded by Shihan Barnes with written authorization of Dr. Church in 1973, the same year Dr. Church ranked him as Shihan-dai. The authorization carried the stipulation that as long as he remained alive, Soke Church would retain Head Family status over the Yamabushi Martial Arts Assn. With the death of Soke Church in 1980 the Head Family status passed to Shihan/ Soke Larry Barnes.

In a like manner, giving honor and respect to Soke Al Church and Shihan Ray Isgett, Shihan / Soke Larry Barnes has given his authorization and approval to the formation of our organization.

His authorization gives us a "direct line of legitimacy" to the great Grandmaster, Soke AI Church. It has been said that Shihan Barnes is the link to our past and the key to our future and we will never forget all that he has done for us.

Our Name and Style:

Bushishin Budo translates into "Warrior Spirit Martial Way", while Renmei means organization. Our style is Kamishin Kempo Karate, which translates into "Godly Heart Fist Way China Hand".



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Women's Self-Defense:

The Academy had four Women's Self-Defense classes with an average of 8 women present. These women learned how to defend themselves from a variety of attacks. They were taught simple to learn techniques that implement leverage and not brute force. Some of these ladies took all four classes. We are looking at teaching the Women's Self-defense classes at a local school on a regular basis starting this fall.

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Welcome Green Belt Advertiser, The Beauty of Iron.

Men's Tactical Take-Downs:

"A self-defense class max'd out". This class was started when a group of constables asked for training. It was supposed to be a two-session class; that was a year ago. Several adult karate students have also joined this class. A wide variety of attack defenses are taught, including weapons and ground fighting. This class implements many Jukendo techniques and has attracted a lot of positive attention. The group is becoming quite proficient at their skills.

<p>MusicGator 844 Broad St. Owner Phil Sports trained under Dr. Church</p>

<p>Alice Drive Baptist Church Come experience God's Grace "No perfect people please."</p>
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Belt Test:

In August a belt test was held and 9 students participated. Each student demonstrated they had a working knowledge of the required material. On November 15, five students were tested. Four were testing for 2nd green and one was testing for green. These students really put their hearts into the test and did very well. The dedication of Shihan Ray to his teaching was evident in all of these students. On December 20th, another test was given and 8 students did very well to achieve their next level.

Each test required students to demonstrate their knowledge before a Black-belt panel. In fact, there is an increase in the material students must know before promoting to upper belt ranks. The 30 Jukendo techniques have been added to requirements for the three levels of brown and to achieve Shodon(black-belt). Also, all self-defense techniques must be performed with both hands now.

Christmas Party:

On December 19, a pizza party was held at Sumter Cut-Rate Drugs. Twenty-eight students and instructors were able to have fun and consume lots of pizza and ice cream. Thank you John Holladay for letting us use your facility and for the ice cream.

Kid's Nite Out:

A fun night for kids was held on December 8th. Twelve children played video games, pool, foosball, twister, and many other action-packed games. While the kids played, mom and dad could enjoy a night out. Many of the games were fun to watch as well as fun to participate in. Plan to join the fun on the next Kid's Nite Out.

Fitness Programs:

Several new fitness classes have been started at the Academy. We now have Yoga/Pilates(T,Th), Kickboxing(M), Pre-Natal Yoga and Zumba(W,S). **Zumba** is a dynamic, exciting class that uses easy dance moves. You will enjoy yourself as you strengthen your heart and tighten your body. "Come watch Shihan Harold shake his 'groove thang'".

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Academy News:

Congratulations to Sensei Jason on getting married. Good luck, Tiffany!
Sensei David Capell started with the Sumter Police Department in February.

Academy Website:

Thank you Bob Flury for creating and maintaining our web site. Take a look at the great job he has done at www.sumter-academy-karate.net

Please send any items and/or picture you wish to post to Sensei Tim Martin. This can be a great tool to keep us all informed and up to date. This web site is for all Bushishin Budo Renmei schools.

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Biography Spotlight:

Shihan Ray Mohalick

Sho-dai Kaicho Bushishin Budo Renmei

3rd degree Shorinji Tetsuken Do, Kanda Ha Kamishin Ryu / Nippon Kobudo Rengokai

6th degree Karate certificate / Yamabushi Martial Arts Association

6th degree Kamishin Kempo Karate / Bushishin Budo Renmei

Shihan Ray Mohalick began studying martial arts in the early 1980's. The art was "Shorinji Tetsuken Do, Kanda Ha Kamishin Ryu". This was being taught under the organization of the late Dr. Albert Church. It took five years for him to earn Shodan level in this art and then five more years to

reach Nidan (2nd degree) and three more years to reach Sandan (3rd degree). In 1990, with the help and invaluable assistance of black belts Harold Hicks and Mark Maxwell, he took over the day to day operation of the old Sumter School of Martial Arts on Broad St.. In 1998 they were invited to bring the school to the Sumter YMCA.

In 1999 the Shorinji Kempo Sogo Budo Association was formed. Shihan Ray took on the responsibility of writing the Constitution and By-laws for the organization and development of the promotion certificates and membership documents. He documented curriculum to be taught in an instructor's manual and set down the requirements to be used by the local school for promotion. On October 24, 1999 Ray was designated by Shihan Larry Barnes, Soke of Yamabushi Martial Arts, as the sole acting Shihan-dai and head family of the organization. In a letter of transition dated April 1, 2001, Shihan Barnes named Ray as the permanent Shihan / Soke of the organization. Shihan Barnes had promoted him to 4th degree and then 5th degree in the Yamabushi Martial Arts. After assigning

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him as head of the organization, Shihan Barnes promoted Ray to 6th degree. In 2002, in recognition of his efforts in establishing the new organization,

Shihan Ray was named "Instructor of the Year" for the Yamabushi Martial Arts Association. In April 2003, due to continuing health problems, Ray retired and passed on the leadership of the organization, now known as "Bushishin Budo Renmei", to Shihan Harold Hicks. Since the Academy of Martial Arts opened two years ago, Shihan Ray said he feels privileged to have the opportunity to work with friends and help instruct once again.

Academy of Martial Arts, Tigerville, S.C.

Sensei Todd Gainey

It has been a tough time for the Tigerville School. We lost the area where we were training and have had a difficult time finding a suitable replacement. Through it all, I have been proud of the students' dedication and determination to succeed. "Effort and Attitude" has taken on a whole new meaning. The values and lessons I have learned through the martial arts and under the tutelage of great mentors such as Shihan Ray and Shihan Harold, have kept me and the Tigerville School going.

C.A. Harler Trophy **703 Bultman Dr.**
Master Belt supporter of the Academy from the Beginning.

Sensei Linwood Gamble, Savannah, Ga.

The Kamishin Kempo Karate and Women's Self Defense in Savannah, Ga. Is doing well. There are about 20 students and most are involved with other sports but their karate comes first. Eight of these students are honor students in their schools. We attended Kid's Day, "Heartwalk", the M.L.K parade. The tournament we hosted last May was an enjoyable event. Marical Stevenson, a Jr Black Belt, can instruct a class by herself. She is a confident young lady that is a valuable asset to my school. I want to extend an invitation to you all to visit us anytime.

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Sensei Darryl Vestal, 5th degree, Yadkinville, N.C.

Hello from Yadkinville! If you will pardon me for borrowing from a commercial theme: Groceries for Christmas dinner...\$67.10, December electric bill...\$170.56...Cost of Christmas gifts...you don't want to know...Our Savior in the manger...PRICELESS! Our prayer is that this Christmas has found you fairly healthy, not penniless, not starving, not jobless and able to spend some time in some way with the people you love. We are having a wonderful Christmas. We have been so blessed that my fingers wouldn't have the strength to type all that has made this a Merry and, more importantly, meaningful season. May Our Father smile on you, May His Spirit dwell warmly in your heart and may His Son bless you in a deep and loving way. Merry Christmas, Nathan, Jamie, Katie, Doni and drv

Editors note: Jamie (daughter) had been back and forth to the doctor's office with a fever and that they could not determine the cause. They are now at Brennan's Children's Hospital with her. If you remember, their son Nathan is on anti-rejection drugs and had been having a very hard time also because of a weakened immune system. Continue to ask God's healing and comfort for them.

www.sumter-academy-karate.net

Sensei Charles Roberts, Ballston Spa, N.Y.

On January 7, 2008, Sensei Charles Roberts was in Sumter and he paid us a visit. Soke Darrell Collins, Shihan Ray Mohalick, and myself had dinner with Sensei Charles Roberts. During our dinner at Shoney's, we discussed items concerning martial arts, different instructors techniques, and how each one played a part in where we are today. It was great to discuss the different things that Dr. Church taught to various students and instructors. Sensei Charles wants you all to know that you are always welcome at his dojo in New York.

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Coming Soon:

-Self Defense ...Saturday, March 1st.

- St. Anne's Race for Education exhibition...March 15th
- Men's Tactical Take Downs...March 17th
- Women's Self-Defense...March 22nd
- Kid's Nite Out... March 29th
- Self Defense demo at Sunset Country Club...April 16th.
- Bushishin Budo Renmei tournament**... Saturday, April 26th.
- Karate Kamps...June

Tournament Photos by:

My Sweet Pea Photos

428-7921

Next issue:

- Please submit any articles to Sensei Tim Martin at academy.sumter@yahoo.com
- Biography on Sensei Linwood Gamble.
- New belt test requirements.

“To God be the Glory!”

“It's better to have it and not need it, than to need it and not have it.”

Shihan Harold

Hicks

“It's all about Effort and Attitude.”

Shihan Ray Mohalick

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